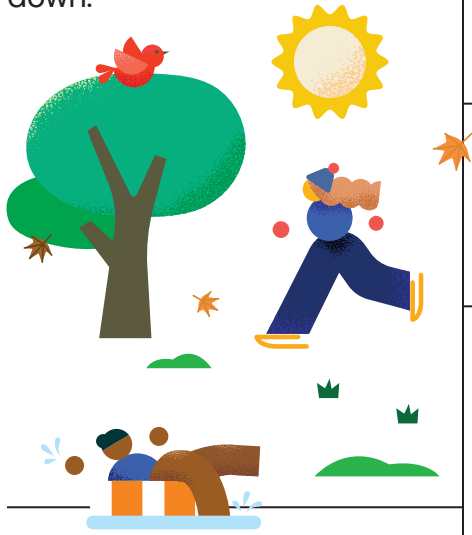




## Rain or Shine: Trusting God in every season

Resilience is getting back up when something gets you down.



### Week One

**Jesus Wept**  
John 11:1-45

When you're sad, remember you're not alone.

### Week Two

**Do Not Worry**  
Matthew 6:25-34

When you're worried, trust God.

### Week Three

**Slow to Anger**  
James 1:19

When you're angry, talk to God.

### Week Four

**Paul and Silas**  
Acts 16:16-40

God can help you choose joy.

#### MEMORY VERSE

Be strong, all you who put  
your hope in the LORD.  
Never give up.  
Psalm 31:24, NIV

# Elementary

ENGAGE IN EVERYDAY MOMENTS TOGETHER



### Morning Time

As your kid starts their day, tell them "Jesus is there to help you with whatever you face today."



### Meal Time

At a meal this week, have everyone at the table answer this question: "When is a time you have been sad lately?"



### Drive Time

While on the go, ask your kid: "Who is someone who makes you feel better when you're sad?"



### Bed Time

Pray for each other: "Jesus, thank You that You care about how we feel. We know that sometimes we will feel sad. But even when we're sad, You are still with us and You care about us."

### More Ways to Engage with Your Kid

#### Faith & Character Activities



#### Worship Song of the Month



#### Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES

